



HORARIOS RAMA DE NATACIÓN TEMPORADA 2010



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
ESCUELAS <small>CATEGORÍAS / NACIDOS</small> ALEVINES 02 al 00 PINGÜINOS 99 al 97 DELFIN 96 al 94 EQUIPO COMPETICIÓN <small>CATEGORÍAS / NACIDOS</small> <small>INFANTIL 00 - 98 MENORES 97 - 96 JUVENIL 95 - 91 MASTER 91 Y MAS</small>	MANANA ADULTOS 09:00 a 10:00 Hrs. HIDROFIT 09:00 a 09:30 Hrs. HIDROFIT 09:30 a 10:00 Hrs. AQUAEROBICA 10:00 a 11:00 Hrs. MINIDEPORTES I 11:00 a 11:45 Hrs. TERAPEUTICA - FUTURA MAMA 11.45 a 12.15 hrs.		MANANA ADULTOS 09:00 a 10:00 Hrs. HIDROFIT 09:00 a 09:30 Hrs. HIDROFIT 09:30 a 10:00 Hrs. AQUAEROBICA 10:00 a 11:00 Hrs. MINIDEPORTES I 11:00 a 11:45 Hrs. TERAPEUTICA - FUTURA MAMA 11.45 a 12.15 hrs.		MANANA ADULTOS 09:00 a 10:00 Hrs. JUVENIL 09:00 a 10:50 hrs. MINIDEPORTES IV 10:10 a 11:00 Hrs. MENORES 11:00 a 12:50 Hrs. MINIDEPORTES V 11:10 a 12:00 Hrs. ALEVIN II 12.10 a 13.00 hrs

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
				MINIDEPORTES IV 15:00 a 15:50 Hrs. ALEVIN I 15:00 a 15:50 Hrs.	HIDROBEBE 15.00 a 15.30 hrs. INFANTIL 15:00 a 16:30 Hrs.
	MINIDEPORTES II 17.10 a 18.00 hrs.	INFANTILES 17:00 a 18:30 Hrs.	MINIDEPORTES II 17.10 a 18.00 hrs.	MINIDEPORTES V 16:00 a 16:50 Hrs.	ALEVIN III 15:35 a 16:20 Hrs.
ALEVIN I 17.40 a 18.25 hrs.	ALEVIN II 17.30 a 18.15 hrs.	ALEVIN I 17.40 a 18.25 hrs.	ALEVIN II 17.30 a 18.15 hrs.	ALEVIN III 16:00 a 16:50 Hrs.	JUVENILES 16:30 a 18:00 Hrs.
PINGÜINO 18.30 a 19.15 hrs.	MINIDEPORTES III 18.10 a 19.00 hrs.	PINGÜINO 18.30 a 19.15 hrs.	MINIDEPORTES III 18.10 a 19.00 hrs.	PINGÜINO 16:50 a 17:35 Hrs.	HIDROFIT 16:30 a 17:00 Hrs.
DELFIN 18:30 A 19:15 Hrs.	ALEVIN III 18.20 a 19.05 hrs.	DELFIN 18:30 A 19:15 Hrs.	INFANTILES 18.20 a 20:00 Hrs.	DELFIN 16.50 a 17.35 hrs.	HIDROFIT 17:00 a 17:30 Hrs.
JUVENIL 19:20 a 21:00 hrs.	MENORES 18:20 A 20:00 Hrs.	MENORES 19:20 a 21:00 hrs.	MENORES 18:20 A 20:00 Hrs.	INFANTIL 17.40 a 19.20 hrs.	
MENORES 19:20 a 21:00 hrs.	JUVENILES 19:10 A 21:10 Hrs.	JUVENIL 19:20 a 21:20 hrs.	JUVENILES 20:05 A 22:00 Hrs.	MENORES 17.40 a 19.20 hrs.	
HIDROFIT 21:00 a 21:30 Hrs.	AQUAEROBICA 20:00 A 21:00 Hrs.	ADULTOS 21:05 a 22:05 Hrs.	AQUAEROBICA 20:00 A 21:00 Hrs.	JUVENILES 19.20 a 21.00 hrs.	
ADULTOS 21:05 a 22:02 Hrs.	HIDROFIT 21:00 A 21:30 Hrs.		HIDROFIT 21:00 A 21:30 Hrs.	HIDROFIT 21:00 a 21:30 Hrs.	
HIDROFIT 21:30 a 22:00 Hrs.	HIDROFIT 21:30 A 22:00 Hrs.		HIDROFIT 21:30 A 22:00 Hrs.	ADULTOS 21:05 a 22:02 Hrs.	
				HIDROFIT 21:30 a 22:00 Hrs.	

PREPARACION FISICA		
EQUIPO COMPETICIÓN (por definir en marzo)		
INFANTILES	MENORES	JUVENILES